

From the desk of Linda Muhlbach

What an awesome experience it has been to work at HelpCare Clinic. I am so excited to see how it is making a difference in our patients' lives and the health of our community. They have a saying in sports to "leave it all on the field." That means:

- Hold nothing back, put it all on the line.
- Do not end the game feeling like you could have given more.
- Do not leave feeling like you played it safe when you had the opportunity for something greater.

I feel like I have given my all to get the clinic to this stage. This was not an easy decision, but after much prayer, I decided to hand over the reins to a new director who can take the clinic to the next stage.

Monday, Jan. 11, Cheryl Bressington began as the new executive director. Please welcome Cheryl and show her the support you have shown me, and thank you for taking opportunities to continue to serve.

God is blessing the clinic, and I believe its future is bright. Sincerely, Linda Muhlbach.

Linda Muhlbach, right, welcomes Cheryl Bressington, the clinic's new executive director.



New Executive Director Cheryl Bressington

As Cheryl Bressington, HelpCare Clinic's new executive director, transitions into her new role, she already knows what she enjoys most. "Meeting all the people who have put their heart and soul into the clinic," she said.

Bressington replaced Linda Muhlbach who was responsible for the day-to-day operation of the nonprofit organization the past two years.

"I will work with the staff and the board to develop a strategic plan and then develop an implementation plan to follow through to meet the needs of individuals in our service area."

Bressington is ready to make an impact on people's lives. Her previous experiences in human resource roles, grant writing and managerial positions have prepared her for her new position.

"I like to write grants, provide presentations and work with people to reach a goal."

The clinic's mission is to improve the health of uninsured residents of Buffalo and Kearney counties by providing medical health care.

"I want to gain a better understanding of the needs of the

The HelpCare Clinic Board of Directors would like to take this opportunity to express how grateful we have been for the leadership of Linda Muhlbach the past two years as we planned and prepared for the clinic. Her dedication and strong work ethic have given us the guidance needed to open our doors and serve the many uninsured patients in need of our services. Linda's dedication to detail has prepared us well for this transition in leadership. We are sad to see Linda leave; however, we wish her well in her next adventure. In the mean time we will continue our mission caring for those in need, and we welcome the new director Cheryl Bressington.



low-income population and how to best ensure they are receiving the medical care they need.

"I am truly thankful to the board for placing their trust in me. I pray that I can carry on the mission of the clinic."

Volunteers in the spotlight

Lynn Goodell

“I want to advance my nursing skills, and I am especially interested in caring for the diabetic patients,” said Lynn Goodell, a registered nurse who volunteers at HelpCare Clinic.

Goodell enjoys educating his clients in diabetes self-management.

“Data supports the fact that diabetic patients do significantly better when they are provided with competent diabetic teaching.



“The patients are so appreciative of what we provide. They are amazed when we acknowledge, ‘Yes, we are all volunteers.’”

The opportunity to serve the underserved ranked high to Goodell. “I enjoy providing hope to the hopeless diabetic patient.”

Goodell volunteers during the regular open hours of the clinic, and also meets patients during non clinic hours.

“I like discovering efficient processes that

enable providers to spend more time focusing on their patients.”

Goodell was volunteering at Buffalo Community Partners’ Diabetes Referral Network program when he learned about the nonprofit clinic.

“I always seek new challenges and have enjoyed assisting in the growth and success of the clinic, and its mission.”

February wish list

Gift cards - gift cards - gift cards - gift cards - gift cards

The wish list request through the month of February includes a variety of gift card choices. Below is a list of stores followed by frequently purchased items needed at the clinic. Donations can be mailed or dropped off at 3015 Ave. A in Kearney.

- Office supply stores (printer ink, copy paper)
- Printing service businesses (appointment cards, brochures, fliers, and business cards)
- Sally Beauty Supply (supplies for foot care clinics)

Deb Hecox and Conny Yeutter



Deb Hecox, RN, CFCN (left), and Conny Yeutter, LPN, volunteer at HelpCare in the foot care clinic the second Tuesday of every month. Both nurses had extensive training from the University of Wisconsin-Eau Claire and have practiced foot care for 15 years. Diabetic patients benefit from their services. Appointments are required, and patients must meet eligibility guidelines:

- Residing/working in Buffalo or Kearney counties
- No private medical insurance, Medicaid or Medicare
- Income level at or under 200 percent of the Federal Poverty Level.

Hecox and Yeutter are employed at Gothenburg Memorial Hospital.

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