

Thursday, Dec. 1

GIVE WHERE YOU LIVE

On Thursday, Dec. 1, the community will come together for 24 hours of giving through the culmination of this year's Give Where You Live campaign. The Kearney Area Community Foundation sponsors the annual event. The event seeks to increase awareness, raise money and cultivate new funding streams for local non-profit organizations. It's your chance to make a difference. You may stop by the clinic during business hours on Dec. 1 to make a donation. To learn more or make a donation online, go to: <https://givewhereyoulive.razoo.com/us/story/Helpcare-Clinic>

FREE BLOOD PRESSURE CLINIC

As part of the 24 hours of giving during the Give Where You Live event on Thursday, Dec. 1, the Clinic will host a blood pressure screening from 10 a.m. to 2 p.m. at the clinic. The community is invited to stop by the clinic and help the Grinch grow a heart in time for Christmas, enjoy refreshments and tour the clinic. HelpCare will be accepting donations for Give Where You Live during this time.



Come see the Grinchmas Tree at HelpCare Clinic on Thursday, Dec. 1. You may also donate to HelpCare Clinic through the Give Where You Live campaign and help the Grinch grow a heart.

Gifts from the community

On Sunday, Nov. 20, 1000-plus members and guests gathered at Kearney eFree Church for a time of food, family fellowship, worship and celebrating baptisms. Thirty turkeys were cooked to feed the entire church family during Celebration Sunday, an annual event for celebrating how Christ is moving in the church and community.

Each year, the congregation receives a collection that benefits a ministry within the local eFree church, in the community or globally. This year's recipient was HelpCare Clinic.

Faculty, staff and students from the Natural and Social Sciences Department at the University of Nebraska Kearney delivered five totes full of over-the-counter medications collected during a month-long drive. The group plans to conduct a drive each semester. The donations help the clinic reduce expenditures while still providing needed services.

Words from Cheryl Bressington Executive Director



The Christmas Story tells of Mary and Joseph using a stable as the place to give birth to baby Jesus. While most people today would not consider such actions, we recognize that the story is an example of a family making the best of a difficult situation.

As we celebrate the birth of Christ and revisit the Christmas Story, consider how your donation can help families who are in need of medical care and lack the resources.

Your gift to HelpCare Clinic or other organizations who assist families in need are also stories of Mary and Joseph. May Peace be with you and your family. God Bless.

HelpCare Clinic expands

Staff members at HelpCare Clinic have no questions about what to do with an additional 1,100 extra square feet of space but to expand. “While we are sad to see UniNet go because of their partnership, we are glad for the clinic’s extra space,” said Cheryl Bressington, HelpCare Clinic Executive Director.

Previously, the nonprofit clinic shared its building at 3015 Ave. A with UniNet Healthcare Network. The additional space allows the clinic to increase office space, add a conference/training room, provide a private consultation room and gain one exam room making a total of five.

Numbers in patient growth have increased from the first six months of operation, from 52 to 107 patients.

LOBBY HOURS
Monday – Thursday
8 a.m. to 4:30 p.m.
Fridays – CLOSED

CHRISTMAS HOLIDAY
Monday, Dec. 26.
CLOSED

WALK WITH A DOC

Julie Keaschall, APRN, FNP-C, from HelpCare Clinic will lead the one-mile walk at Yanney Park on Sunday, Dec. 4 scheduled for 1 p.m. In case of inclement weather or temperatures below 50 degrees including wind chill, the event will be relocated to the Hilltop Mall. For location updates, visit the HelpCare Clinic website at <http://helpcareclinic.org/>.

HelpCare Clinic would like to thank the staff of Modern Woodmen of America for providing refreshments to participators. The January 2017 Walk With a Doc event will be the second Sunday of the month, Jan. 8, and will feature Dr. Aubeelauck of Good Samaritan Medical Group.

DECEMBER WISH LIST

- * Wal-Mart gift cards
- * Kleenex, copy paper
- * Used/new computer monitor
- * Used/new laptop
- * Full-size refrigerator

Patient spotlight

One family new to the community considers the HelpCare Clinic team spectacular. “Thank you volunteers and co-laborers for your heart of service. Your friendliness and good attention make for a pleasant and agreeable environment,” Lisvey said.

After arriving in Kearney from Venezuela, the family was in search of medical resources, and a friend recommended the clinic.

Several of the Venezuelan family members needed medical attention. “Whatever problems came up, the staff looked for ways to solve them quickly and positively.” The children needed school physicals, Lisvey is diabetic, one child had vision problems, and

another child had medical issues that would eventually require surgery.

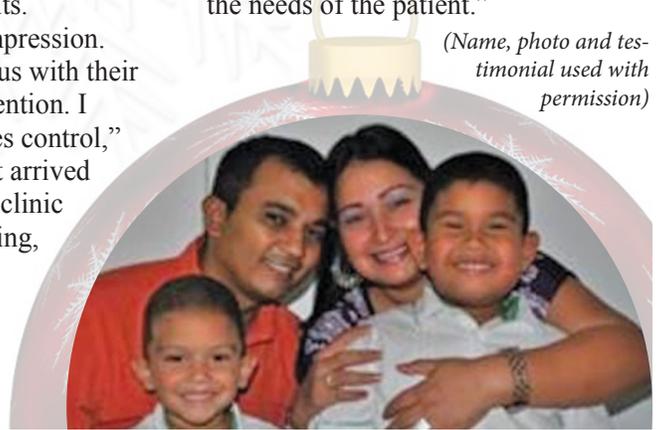
Staff members were attentive in responding to the family’s needs, beginning with the initial appointment and during follow-up visits.

“We had a good first impression. They built confidence in us with their friendliness and good attention. I especially needed diabetes control,” Lisvey said. “We had just arrived in the country, and at the clinic I received laboratory testing, nutritional education and control testing supplies.”

The family views the clinic as a mission. “We encourage you

[HelpCare] to continue this beautiful labor,” Lisvey said. “It helps a great share of the population who are in difficult economic conditions. Staff members demonstrate real concern for the needs of the patient.”

(Name, photo and testimonial used with permission)



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